

Seven Springs Golf & Country Club

A La Carte Luncheon Menu

Hours of Service

Wednesday, Thursday, and Friday 11:00 AM – 3:00 PM

Saturday 11:00 AM – 3:00 PM

SALADS

Pecan Chicken Salad.....8.65
Char-Grilled Chicken Breast, sliced and served on fresh Greens, with an array of fresh Fruit, spiced Pecans and topped with Honey Mustard Dressing.

Seven Springs "Lite Bite"6.75
A Scoop of your Choice of Tuna Salad, Chicken Salad and Cottage Cheese, served on a Bed of Lettuce, garnished with Fresh Seasonal Fruit.

Cup & One Half.....6.50
Your choice of a half Sandwich, Tuna Salad, Chicken Salad, Ham, or Turkey with Lettuce, Tomato, and Pickle on your choice of bread with a cup of Soup of the Day.

Petite Chopped Chef Salad.....6.75
Diced Ham, Turkey, Egg, Tomato, Cucumber, and shredded Monterey Jack and Cheddar Cheese a top Mixed Green and choice of Dressing.

Mediterranean Cobb Salad8.75
Grilled Chicken, Artichoke Hearts, Grape Tomatoes, Kalamata Olives, Gorgonzola Cheese Crumbles, Diced Ham and Pepperoncinis. Served over Mixed Greens, with a Chianti Vinaigrette.

SANDWICHES

Triple Decker Club.....7.25
A traditional Club House favorite, featuring oven roasted Turkey, Ham, Bacon, Lettuce, Tomato, Cheese and Mayonnaise on your choice of toasted Bread.

Seven Springs Sirloin Burger..... 7.25
8 oz. Of choice Sirloin, char-grilled to your liking, served on a toasted Kaiser Roll with Lettuce, Tomato, Onion & Pickle.
American, Swiss, Provolone Cheese, Bacon, grilled Onions, grilled Mushrooms, Bleu Cheese Each .50 Additional

Deli Sandwich or B.L.T.....6.50
Your choice of Turkey, Ham, Chicken Salad, or Tuna Salad with Lettuce, Tomato, and Mayonnaise on your choice of Toasted Bread. Add Cheese .50

Italian Sub.....	7.95
Cappicola, Ham, Salami, Mortadella, Provolone Cheese, Lettuce, Tomato, Olives, Onion and Italian dressing on a Submarine Roll.	
Philly Steak and Cheese.....	6.95
Shaved Rib Eye with Onions, Peppers, and topped with Mozzarella Cheese. Served on a toasted Hoagie roll.	
Classic Reuben Sandwich.....	7.25
Shaved Corned Beef on grilled Rye with Swiss Cheese, Sauerkraut and 1,000 Island Dressing.	
Turkey Reuben Sandwich.....	7.25
Sliced Turkey with Swiss Cheese, Coleslaw, 1,000 Island Dressing. Served on grilled Rye Bread.	
Tampa Bay Cuban Sandwich.....	6.95
Roast Pork, Ham, Salami, Swiss cheese, sliced Pickles with creamy Mustard Sauce and pressed on a Cuban roll.	
Black and Blue Chicken Sandwich.....	8.50
Blackened Chicken Breast, Gorgonzola Cheese Sauce, Brown and Crisp Fried Onion Straws on a Toasted Ciabatta Bun.	
Hot Dog or Grilled Cheese.....	4.75
Add Bacon or Grilled Tomato .50	
Southwestern Chicken Wrap.....	8.50
Marinated grilled Chicken Breast, Pico de Gallo, Lettuce, Cheddar Jack Cheese and Bacon wrapped in a grilled Tortilla served with Sour Cream and Guacamole.	
Chef Tim's Breakfast Sandwich.....	4.95
Scrambled Eggs, Ham and Swiss or Cheddar Cheese on a toasted Ciabatta Bun	
Fried Fish Sandwich.....	8.50
New England Cod, Battered and Deep-Fried served on a Sesame Seed Brioche Bun with Tartar Sauce	

All Sandwiches Served with French Fries or Cole Slaw

SIDE ORDERS

Basket of French Fries... .2.75	Side of Fruit.....2.50
Soup of the Day..... Cup.... 2.35	Tossed Garden Salad... ... 2.50

\$1.50 Plate Charge on Split Items

18% Service Charge and 7% Sales is added to all checks.

Health Department advises that consuming raw or undercooked Meats, Poultry, Seafood, Eggs or Shellfish may increase your risk of food borne illness, especially if you have certain medical conditions.

